

You Can Cook This

Recipes from Riviana Kitchens

HOW TO COOK WHOLE GRAIN BROWN RICE



Cooking Directions - On the Stove:

In a saucepan, bring 2 1/2 cups of water to a boil. Add tub margarine and salt, if desired. Stir in 1 cup rice. Cover, reduce heat and simmer for 45 minutes or until all water is absorbed.



Microwaving:

Because microwave ovens vary, we do not recommend cooking whole grain brown rice in the microwave. See microwave manufacturer for more instructions.



Helpful Tips

- For additional flavor, try preparing whole grain brown rice in broth or fruit juice
- Since brown rice has a higher oil content than white rice, its shelf life is not as long. Please refer to the BEST BY date on our packages; which for our brown rice products is 18 months from the date of manufacture. Refrigerated storage is recommended for brown rice.

Be sure to visit www.carolinarice.com or www.mahatmarice.com for more recipes, videos and information

